
WHERE CAN I GET HIV PrEP IN ST. LOUISIS?

Affinia Healthcare

314-814-8700

www.affiniahealthcare.org

Family Care Health Centers

314-834-2273

www.familycarehealthcenters.org

North Central Community Health Center

314-615-9710

Planned Parenthood

314-531-7526

www.plannedparenthood.org/stlouis

Project ARK/The SPOT

314-535-7275

www.thespot.wustl.edu

Southampton Healthcare

314-647-2200

www.southamptonhealthcare.com

St. Mary's Infectious Disease Clinic

314 768-8376

Summers Healthcare

314-244-3818

www.summershealthcare.com

Vivent Health

314-244-3818

www.viventhealth.org

Washington University PrEP Clinic

314-362-9098

www.sites.wustl.edu/prep



VISIT US

1520 Market St.
Suite 1625
St. Louis, MO 63103
314-657-1584
www.healthstopstl.com



HIV PrEP

WHAT IS IT AND WHERE YOU CAN GET IT

ALL ABOUT HIV PrEP

What is HIV PrEP?

HIV PrEP (Pre-Exposure Prophylaxis) is a daily pill or bi-monthly shot that helps prevent HIV in people who are at higher risk of exposure. PrEP is safe, effective, and recommended for people who don't have HIV but may be exposed to it through sex or injection drug use.

How well does HIV PrEP work?

HIV PrEP works extremely well when taken as prescribed. It reduces the risk of getting HIV from sex by about 99%, and by at least 74% for people who inject drugs. Daily adherence is key—missing doses can lower its effectiveness. Long-acting injectable PrEP is also highly effective and may be a good option for those who have trouble taking a daily pill.



WHO SHOULD TAKE HIV PrEP?

HIV PrEP is recommended for people who do not have HIV but are at higher risk of getting it.

This includes:

- People with a sexual partner who is HIV-positive.
- People who don't always use condoms with partners of unknown HIV status.
- Men who have sex with men, especially with multiple partners.
- People who have been diagnosed with an STI in the past 6 months.
- People who inject drugs and share needles or equipment.
- Individuals involved in sex work.

If you're unsure whether PrEP is right for you, a healthcare provider can help assess your risk and discuss your options.

FREQUENTLY ASKED QUESTIONS

What are the types of PrEP?

- Daily pills: Truvada or Descovy
- Injectable PrEP: Apretude, given every 2 months

Are there side effects?

Most people tolerate PrEP well. Some experience mild side effects like nausea or headache, especially in the first few weeks.

Do I still need to use condoms?

PrEP protects against HIV, but not other STIs (like chlamydia, gonorrhea, or syphilis), so condoms are still recommended.

Is PrEP free or covered by insurance?

Many insurance plans and public health programs cover PrEP. Assistance programs can help those without coverage access it for free or at a low cost.

How do I start PrEP?

You'll need an HIV test and a visit with a healthcare provider to determine if PrEP is right for you. Follow-up visits every few months are required for checkups and lab tests.
